



Community Garden 3231 Newsletter February 2017

Growing food, friendships
and community.

**Next Working Bees: Saturday 4th February
Sunday 19th February**

First BBQ for the year!



Sue, Jo, Heather, Barb and Debra

The seeded crackers were a big hit at the BBQ.

See the recipe opposite:

Seeded Crackers

Ingredients:

- ½ cup (80g) sunflower seeds
- ¼ cup (40g) linseeds (flaxseeds)
- ¼ cup (40g) sesame seeds
- 2 tablespoons chia seeds
- 1 teaspoon sea salt flakes, plus extra for sprinkling
- 1 cup (130g) white spelt flour
- ½ cup (125ml) water
- 1/3 cup (80ml) extra virgin olive oil

Cooking Instructions:

- Preheat oven to 180 C (350 F).
- Place all the seeds, salt and flour in a large bowl and stir to combine.
- Add the water and oil, and mix to form a dough.
- Divide the dough in half and roll each piece between 2 sheets of non-stick baking paper to 3mm thick.
- Transfer to baking trays and remove the top sheets of paper.
- Sprinkle with extra salt, pressing lightly to secure, and bake for 15-20 minutes or until golden and crisp.
- Allow to cool on wire racks, and break into large pieces to serve.
- Store in an airtight container for up to 2 weeks. Serves 6-8.

Coordinator's Comments

What a great start we've had to 2017. **Art in the Garden** was a stunning success with hundreds of visitors to the garden. Have a look at the time lapse video of the day on the website <http://aireyscommunitygarden.weebly.com/>

Thank you Caroline Lawrey for organizing the event, Surf Coast Arts, and the artists for sharing their work. Big thanks to Leonie, Jo, Daryl, for their support, Debra for the brilliant veggie burgers and everyone else who helped.

Have you seen the painting Caroline donated? It will brighten up the outside of the shed and inspire other art works I'm sure. We hope to run Art in the Garden again next year – if you can think of ways of making it even better, let us know.

The garden is looking fantastic – hopefully the tomatoes will ripen soon. In the meantime, don't forget to harvest and enjoy communal crops. Check out the white board to see what is ready.

See you in the garden

Gretel Lamont



Painting donated by Caroline.

Compost - kitchen scraps from local businesses

New Airey's restaurant, Little Feast, is supporting the garden by giving us their kitchen scraps and coffee grounds. When I approached one of the owners, Vera, she was very supportive of the idea, preferring green waste to go to compost rather than landfill. They now have a dedicated bin in the kitchen and let me know when it's ready for collection.

Truffles cafe also give us some of their kitchen scraps and Megan has been doing a great job collecting from them for nearly a year now.

Onda Food House leave out their coffee grounds for people to collect. It's first in best dressed and we are sometimes lucky enough to get a bag or two.

This will all help to produce beautiful compost which will improve our soil quality, recycle valuable nutrients, save us money and help reduce greenhouse gas emissions.

Did you know that about half of what we throw into our rubbish bins is food and garden vegetation (www.cleanup.org.au)

What do you do with your kitchen scraps? If it's the rubbish bin, perhaps consider adding them to our compost instead.

First supply of coffee grounds from Little Feast being added to Bay 1

Jo Murray



Elfie Johns, CG member, exhibited her artwork.



Lots to see.



Beautiful music.



Diane & Mark Shepherd, CG Members, also had their artwork on display.



CG3231 seeds were on sale too!



Fun for the kids as well.

Outside the Fence

Transitions Film Festival: Visions of a Better World
Melbourne dates: 16 Feb - 3 March
www.transitionsfilmfestival.com

Sustainable Living Festival
4 - 28 February 2017
www.slf.org.au

...the Apollo Bay
...including Jack, James, Emily and Chloe.
For the full list, head to hdn.vic.gov.au.

FREE HOUSEHOLD CHEMICAL DROP OFF DAY

**Saturday 11 February 2017,
8.00am - 4.00pm**

City of Greater Geelong Operations Depot,
299 Anakie Rd, Lovely Banks.
(Opposite Corio Leisuretime Centre, Melways 431 F12)

Conditions and maximum quantities:
This service is for household chemicals only. Decanting is not permitted. The maximum acceptable weight or size of any single container is 20kg or 20 litres. Paint is not accepted. Domestic quantities of paint can be dropped off at the Geelong Resource Recovery Centre for FREE. The centre is located at 100 Douro St, North Geelong.

Residents can bring the following items:

- Acids and alkalis
- Aerosol cans (empty cans can be placed in your household recycling bin)
- Anti-freeze
- Brake fluid
- Car body filler
- Car wax
- Cleaners - ammonia based
- Cooking oil
- Coolant
- Detergents
- Disinfectants and drain cleaners
- Fertiliser
- Fire extinguishers
- Floor care products and waxes
- Fuels - petrol, diesel, kerosene and other
- Glues - water based solvents
- Herbicides and weed killers
- Insect spray/pesticides
- Nail polish and remover
- Oven cleaner
- Paint stripper
- Paint thinner and turps
- Pool chemicals
- Rat poison
- Solvents
- Transmission fluid
- Wood preservatives/finishes (oils and varnish)

It's safe, easy and FREE!

This drop off day is run in partnership with Sustainability Victoria and is part of the City's recycling program.
For more information go to www.sustainability.vic.gov.au/detoxyourhome or telephone: 1300 363 744.



WWW.GEELONGAUSTRALIA.COM.AU

CITY OF GREATER
GEELONG

40 Thursday 9 February 2017
WE ARE TAKING THINGS. ANYONE WANT TO JOIN US? JO +GUE